

Could you spare a few hours each week and make a difference to local young families, a difference that will last a lifetime?

Home-Start is a national charity with seven branches across Greater Manchester. In an ideal world a charity like Home-Start wouldn't be needed. But for many families life can be tough which can make parenting a challenge.

We support local families coping with a range of issues from post natal illness and multiple births through to physical disability and isolation- the list is endless.

But as life gets tougher for many local families we are seeing an increase in the need for Home-Start support.

As the manager of Home-Start, I see daily the difference our parent volunteers make to local families. They help to prevent problems from spiralling out of control, and often prevent crisis.

This tailored made emotional and practical support is delivered by our volunteers to families in their own homes. One mum supported by Home-Start said: "If it were not for Home-Start and my volunteer, I don't think I'd be here anymore and my children would be in care."

Across this year Home-Starts in Greater Manchester will be recruiting for new volunteers, so that we can reach out to even more parents and children that need our help.

If you think you could support Home-Start, have parenting experience and would like to help a local family we would love to hear from you.

Volunteering for Home-Start is a rewarding experience and all our volunteers complete an extensive training course before they are matched to their first family. Home-Start also offers ongoing training & support to its volunteers.

Our ethos is helping parents build better lives and better futures for their children. If you think that's something for you- why not get involved?

Please ring 0800 068 63 68 or visit the national website www.home-start.org.uk